

MADEIRA

Social Skills & Communication in Action – Collaboration, Leadership, Storytelling, Group Dynamics & Positive Education

Course Duration: one week, from Monday to Saturday, 30 hours

Location: Madeira | Portugal

Number of Participants: Min. 6 – Max. 20



COURSE DESCRIPTION

This course empowers teachers to enhance social skills, communication, and leadership among students through experiential learning. Using Madeira's diverse landscapes and communities as a living classroom, participants explore collaboration, group dynamics, storytelling, and positive education practices in real-life contexts.

The course combines classroom workshops, outdoor team-building experiences, and reflective sessions to equip educators with practical tools to foster leadership, teamwork, and effective communication in schools.

LEARNING OUTCOMES

Participants to the course will learn to:

- Apply collaborative strategies and team-building techniques in classrooms.
- Understand and manage group dynamics for effective learning.
- Develop students' public speaking, storytelling, and communication skills.
- Promote leadership and social skills in educational contexts.
- Implement positive education approaches to enhance wellbeing and motivation.

MADEIRA

Social Skills & Communication in Action – Collaboration, Leadership, Storytelling, Group Dynamics & Positive Education



Course Duration: one week, from Monday to Saturday, 30 hours

Location: Madeira | Portugal

Number of Participants: Min. 6 – Max. 20



**Pedagogical
Innovation
Centre**

DAY 1 Monday – Introduction to Collaboration, Leadership & Social Skills (Indoor, EB 2,3 do Louro, Funchal)

- Workshop on collaboration, group dynamics, and leadership in educational settings.
- Activities to assess communication styles and social competencies.
- Reflection on positive education principles.

DAY 2 Tuesday – Team-Building & Collaboration (Levada Walk)

- Guided easy levada hike (e.g., Levada do Rei or Levada dos Balcões).
- Team-building exercises and collaborative challenges along the trail.
- Focus on trust-building, social skills, and group cohesion.

DAY 3 Wednesday – Leadership & Storytelling (Eastern Madeira – Machico / Santana)

- Outdoor activities emphasizing leadership, cooperation, and problem-solving.
- Storytelling exercises using local cultural heritage as inspiration.
- Reflection on applying experiential learning to classroom social skills development.

DAY 4 Thursday – Communication & Group Dynamics (Northern Madeira – São Vicente / Seixal / Porto Moniz)

- Excursion to Porto Moniz natural pools and surrounding areas.
- Group challenges and collaborative workshops in natural settings.
- Activities on communication, social awareness, and emotional intelligence.

DAY 5 Friday – Dolphin Watching, Teamwork & Wellbeing (Catamaran, Marina do Funchal)

- Sailing along Madeira's coast to engage in team-based activities on board.
- Group reflection and discussion on effective communication, leadership, and collaboration.
- Mindfulness and positive education exercises in a unique outdoor environment.

DAY 6 Saturday – Reflection, Project Sharing & Certificate Ceremony (Outdoor, Jardim Municipal do Funchal)

- Presentation of participants' mini-projects or group exercises.
- Reflection on implementing social skills, communication, and leadership strategies in schools.
- Outdoor certificate ceremony and networking.