

ALGARVE

MINDSET – Multiple Intelligences for New Dynamic Skills in Education and Teaching

Course Duration: one week, from Monday to Saturday, 30 hours

Location: Algarve | Portugal

Number of Participants: Min. 6 – Max. 20



COURSE DESCRIPTION

Developing Multiple Intelligences through Group Dynamics and Experiential Learning in the Algarve

The MINDSET course invites teachers to explore the world of multiple intelligences, discovering how each type of intelligence can be nurtured both inside the classroom and outdoors. Based in Ferragudo, participants will experience an inspiring week of group dynamics, outdoor activities, and field trips—ranging from strengthening naturalistic intelligence through direct contact with nature to fostering bodily-kinesthetic intelligence through creative and physical challenges.

Each day focuses on one or more intelligences, providing practical tools, innovative teaching strategies, and pedagogical resources that participants can bring back to their schools. The course blends reflection and collaboration with experiential learning in the stunning setting of the Algarve.

LEARNING OUTCOMES

Participants to the course will learn to:

- Identify and understand the eight multiple intelligences proposed by Howard Gardner.
- Apply differentiated teaching strategies to support diverse learners.
- Design innovative group dynamics that foster cooperation, creativity, and motivation.
- Value experiential learning through outdoor education and field trips.
- Develop inclusive lesson plans that respect different learning profiles.
- Enhance their own personal growth by exploring and strengthening their intelligences.

ALGARVE

MINDSET – Multiple Intelligences for New Dynamic Skills in Education and Teaching

Course Duration: one week, from Monday to Saturday, 30 hours

Location: Algarve | Portugal

Number of Participants: Min. 6 – Max. 20



**Pedagogical
Innovation
Centre**

MON

Day 1 – Multiple Intelligences: Foundations and Group Integration

- Welcome session and icebreakers in Ferragudo
- Introduction to the multiple intelligences framework
- Self-assessment: discovering individual intelligence profiles
- Group-building activities
- Workshop: “Rethinking the classroom through multiple perspectives”

TUE

Day 2 – Linguistic & Logical-Mathematical Intelligence

- Creative storytelling and writing activities
- Debate: fostering communication skills across subjects
- Field activity in Ferragudo: collaborative problem-solving challenges
- Practical session: educational escape games

WED

Day 3 – Bodily-Kinesthetic & Musical Intelligence

- Using movement and body expression as teaching tools
- Collective rhythm and percussion workshop
- Outdoor session on the beach: kinesthetic intelligence through cooperative games
- Workshop: “Learning through the body”

THU

Day 4 – Spatial & Naturalistic Intelligence

- Outdoor exploration: observing and recording Algarve landscapes
- Photography and mind mapping as educational tools
- Nature-based dynamics: using outdoor spaces for active learning
- Creativity session: transforming images into educational narratives

FRI

Day 5 – Intrapersonal & Interpersonal Intelligence

- Mindfulness and self-awareness practice by the beach
- Active listening and empathy-building exercises
- Cooperative dynamics in small groups
- Workshop: “Emotional management and collaborative learning in schools”

SAT

Day 6 (Saturday) – Final Experience: Learning with Nature

- Boat trip to the Benagil caves
- Collective reflection on the week's learning
- Sharing action plans for classroom implementation
- Closing session and certificate ceremony