

EDUCATING FOR ENVIRONMENTAL, CULTURAL AND SOCIAL HERITAGE SUSTAINABILITY

Teacher: JOANA TEIXEIRA

Course Duration: one week, from Monday to Saturday, 30 hours

Number of Participants: Min. 6 - Max. 20

Course location: Porto and North of Portugal



DESCRIPTION

Required equipment: Comfortable clothes, shoes and a personal computer

This course aims to equip participants with alternative teaching tools, enabling them to look at various types of heritage in their area of residence and to be able to use them as classroom elements, whether in a formal class or an informal class in an outdoor setting. In this way, the intent is for teachers to be able to engage students with their communities and valuing the elements of society that are necessary to preserve and maintain for future generations. The aim is to look at both the natural heritage, which is currently under great threat, and the humanised heritage, without forgetting the importance of behaviour and traditions, which also represent the identity of a people.

For this purpose we will have outdoor training focused on the cultural and environmental heritage of the region of the North of Portugal, an area rich in gastronomy, traditions, festivals and heritage. By looking at these elements we will learn about how heritage arises and what processes it goes through to become protected, whether natural or not, and how we can use it in a classroom context, which will lead students to assimilate the importance of protecting and disseminating these elements.

Some examples of heritage existing in the territory are the costumes, both regional and university costumes, the gold art of filigree, the sounds of bells and guitars, the art of embroidery, Braga's Holy Week, the historic centres of Porto and Guimarães and the construction of rabelo boats.

In the constructed elements we also find love for gardens and nature. There is a concern about creating a harmonious environment with the help of flowers, fountains and trees. One of the best examples of this symbiotic relationship is the construction of the sanctuary of Bom Jesus do Monte. Thus, the heritage groups to be seen are heterogeneous and include built heritage, natural heritage and intangible heritage.

LEARNING OUTCOMES

- Identifying the need for environmental protection in an area and become a promoter of the preservation of the environment as a whole
- To get to know strategies for the promotion and enhancement of heritage at local, regional and cross-border level through contact with various Portuguese heritage elements
- Understanding how heritage can be preserved in a sustainable way and how to make students want to be ambassadors for elements of their cultures
- To increase the knowledge of Portuguese culture through contact with different cities
- Learning about sustainability practices with case studies so that you may refer them in a classroom context

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PROGRAM

Monday

- Presentation dynamics;
- Introduction of teachers and schools;
- Introduction of the course;
- Games about European Union

Tuesday

- Braga

Nature intertwined with monumentality: morning guided tour to the historical centre of the city, with visit to a guitar shop and to the Garden of Biscainhos; afternoon visit to the Bom Jesus do Monte Sanctuary, where plants, water and stone produce a holy mountain

Wednesday

- Guimarães

Cradle of the Portuguese nationality: morning guided tour in the World Heritage Site city centre, visit to embroidery shop and entrance to the Guimarães Castle; free afternoon.

Thursday

- Viana do Castelo

The love for tradition: guided tour of the historical centre of the city, with entrance at the Costume Museum and the Gil Eannes Hospital Ship

Friday

- Porto

A multicultural place: guided tour of the historic centre, with emphasis on the relationship between Port Wine and the city, with entrance on the Casa do Infante and Portuguese Centre of Photography

Saturday

- Porto

Valuing local culture: bridge boat circuit on the Douro River;

- Port wine tasting;
- Handing out of certificates (with group photo);
- Group lunch