

GREECE: EUROPEAN IDENTITY, CULTURE, HISTORY AND GASTRONOMY

Teacher: ILIANA LAZARI

Course Duration: one week, from Monday to Saturday, 30 hours

Number of Participants: Min. 6 – Max. 20

Course location: ATHENS



DESCRIPTION

This course has been designed for teachers who want to learn about Greece. We will examine how Greece contributes to the creation of the European identity and we will have a great taste of Greek culture, history and gastronomy.

Greece is located in the Southeast Europe and is considered the cradle of Western civilization, being the birthplace of democracy, literature, historiography, political and mathematical science and theatre. It is also the first country that the Olympic Games took place. Furthermore, Greek cuisine is based on the Mediterranean diet which is really healthy and considers a great variety of local dishes.

Participants will leave the course full of knowledge about all the aspects considering the Greek culture. Besides, some theoretical clues, most of the days we will visit many places in Athens such as museums, archeological sightseeing, theatres and restaurants so that we will have a holistic look of what “Greece” looks like.

Moreover, teachers participating in this course will develop a wide variety of new skills considering inclusion, multicultural spirit, active listening, respect through different cultural traditions, learning new practices of promoting cultural heritage in their classes and gaining wider spiritual horizons.

LEARNING OUTCOMES

- Enrich their knowledge on Greek cultural heritage
- Familiarize teachers with how Greece contributes to democracy, science, history, theatre and literature from the past years until nowadays
- Having a taste of the Greek-Mediterranean cuisine in different kind of restaurants
- Visiting some of the most significant archeological museums and monuments
- Going to music and dance performances to have a better view of Greek music
- Promoting inclusion throughout students
- Raising awareness about the importance of multicultural respect
- Acquire ideas and practices on how to promote cultural heritage in their classes
- Learning how to create stronger bonds between all the members of the school community

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PROGRAM

Monday

- Introduction of the course and the participants
- Ice-break group dynamics
- Setting goals for participants
- Presentations of the participants' schools
- Introduction of the Greek culture and history
- Trying innovative practices to promote cultural heritage in schools.

Tuesday

- Discussion about the participant's different cultures (differences and similarities of food, music, traditions, habits, dances, theatre)
- Promoting skills such as inclusion and multicultural respect
- Game about the European Union

Wednesday

- Outdoor activities
- Visiting Acropolis Museum
- Going to the temple of Parthenon
- Walk in the centre of Athens

Thursday

- Visit to the National Archeological Museum
- Visiting a restaurant to have a taste of the Greek cuisine
- Going to traditional candy stores to taste local sweets

Friday

- Visiting a place to listen to Greek music and dance in a traditional way

Saturday

- Course evaluation from participants – acquired competences, feedback
- Awarding Certificate of Attendance