

# THEATER TECHNIQUES

Teacher: LETÍCIA MORO Course Duration: one week, from Monday to Saturday, 30 hours Number of Participants: Min. 6 – Max. 20 Course location: PORTO

# DESCRIPTION

This course proposes theatre practice as a means to develop skills in students and stimulate their learning process. Teachers interested in participating will learn a variety of practical activities that focus on theater as a way to enhance students' abilities and knowledge.

Adopting practices, such as improvisation, body-movement techniques and group work, the course will promote various experiences through which students may hone better posture, motor coordination, vocal range and diction, problem-solving and learning by trial and error. Teachers will learn how to apply these practices as a means to expand the students' selfknowledge and enable critical thinking and aesthetic appreciation. As a participant, you will learn how to use theater, its principles and strengths in educational contexts and foster a creative and engaging learning process for your students!

# LEARNING OUTCOMES

Participants to the coursewill learn to:

- Learn the key features and strengths of drama making and how to apply them in educational contexts.
- Learn practices and games that enhance attention, perception and memory: the understanding of the world around.
- Learn practices and games suitable for various curriculums.
- Promote the work of expressiveness and imagination as a means of improving communication and the ability to express opinions.
- Participate in improvisation.
- Participate and engage in dramatic experiences.



# THEATER TECHNIQUES

Teacher: LETÍCIA MORO Course Duration: one week, from Monday to Saturday, 30 hours Number of Participants: Min. 6 – Max. 20 Course location: PORTO

# Monday

#### Introduction

- Introduction to the course, the schools, and the external activities.
- Ice Breaking activities to introduce the trainer and the participants.

# Tuesday

#### Improvisation and creativity

- Improvisation:
  - Problem-solving and learning by trial and error.
  - Collaboration and strategy within groups.
  - Oral communication and ability to express opinions.
  - Foster imagination and creativity.
  - Ability to react to different situations.

# Wednesday

#### The skills of the 21st century

- Learning through drama:
  - Group work and collaboration.
  - Communicative and discursive skills.
  - Decision making as creative process.
- Theatre practices and the 21st century skills:
  - Notion of collectiveness;
  - Participative, collaborative and democratic activities;
  - Critical thinking.
- Tips for implementing playful games and drama techniques in your day-to-day classroom lessons.

# PROGRAM

### Thursday

#### Practical Application Work

• Rehearsal and performance of the groups creative processes.

# Friday

#### Course Closure & Tour

- Course evaluation: round up of acquired competences and feedback.
- Awarding of the course Certificate of Attendance.
- Excursion Tour and external cultural activities.

### Saturday

# Douro river - Sightseeing cruises

- Six bridge cruises Rabelo boat
- Oenology and Portuguese culture: Port wine tasting