

THEATER IN THE CLASSROOM!

Course Duration: one week, from Monday to Saturday, 30 hours

Number of Participants: Min. 6 – Max. 12

Course location: GUIMARÃES and PORTO (Portugal)

Trainer: ANTI Group

DESCRIPTION

The development of the students' soft skills and the importance of clear communication has been one of the main focuses of attentive and proactive schools. Drama and theater techniques are a useful and effective method for non formal training courses and lessons at school. Our creative Drama training aims to introduce theater techniques as adequate tools for many educational processes as also personal and emotional development for children.

Theater in the classroom is a very complete training that includes improvisational aspects which leads us to problem solving practice, another way of communication and a process-oriented form of drama where participants are guided to imagine, enact, and reflect on experiences real and imagined. This training course creates a space where children's natural world, creative play, and develops it further, using theater techniques, to create learning experiences which are for the participants.

What benefits accrue from the theater approach to education?

- Sense of respect and empathy;
- Promotes equality and respect for others opinions and statements;
- Helps understand differences;
- Develops emotional and social growth;
- Improves language and physical skills;
- Contributes to a better self esteem;
- Enhances individual self-expression;
- To create new methods for learning based on drama techniques;
- To share and analyze drama methods within the educational context;
- To put drama techniques into practice for soft skill development of pupil and teachers;
- To understand the effect of drama on social, emotional, physical, cognitive and moral development



LEARNING OUTCOMES

- Equip the teachers with the use of theater technics and drama skills;
- Guide the use of this artistic skills to use them in the educational process;
- Understanding the creative process of drama and apply it;
- Techniques and games to establish a healthy environment in the classroom;
- The ability to build games, dramatic stories, creative drama to adapt to the needs of the students and according to what teachers want to achieve;
- Drama as a tool to prevent and outwit violence (such as bullying and other social problems).

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PROGRAM

Day 1 - Monday Guimarães

- Welcome and presentations;
- Get to know me through theater!;
- Trust games and sharing experiences;
- Team building and work strings;
- What is creative drama?

Day 2 - Tuesday Guimarães

- Energizers;
- Effective Communication through Drama;
- Drama as an interventional tool that promotes inclusion;
- Educational drama.

Day 3 - Wednesday Guimarães

- Icebreakers and energizers;
- How to teach and educate with drama technics;
- Storytelling and Tale based drama
- Improvisation techniques and creativity.

Day 4 - Thursday Guimarães

- Tips for expression and easy interactions;
- Experiment drama with an improvised role playing;
- Why theater is inclusive;
- The importance of cultural consumption of theater.

Day 5 - Friday Porto

- Discovering Porto
(outdoor STEAM competition)
- Evaluation of the week
(reflection of the main viewpoints)
- Summary of key learning points
- Certificate ceremony

Day 6 - Saturday Porto

- Rabelo boat tour of the Douro river bridges
- Port wine tasting (oenology and Portuguese culture)
- Open discussion on possible future collaborations and planning follow up activities
- Constructive feedback of the week and the course
- Validation of learning outcomes

Note: The course programme may undergo minor changes based on logistical considerations and resource availability.