

EQUALS AND PROUDLY DIFFERENT!

Course Duration: one week, from Monday to Saturday, 30 hours

Number of Participants: Min. 6 – Max. 12

Course location: GUIMARÃES and PORTO (Portugal)

Trainer: ANTI Group



COURSE DESCRIPTION

To the development of a sensible and caring school to social problems and the wellbeing of students, teachers need to be closely involved and be the facilitators to social change. Today, school reaches out to creativity and pursues free expression! With that in mind, this training course aims to raise awareness and also promotes information and gender equality. It is important to the healthy growth of a young citizen to acknowledge gender diversity not only at their school but also around the world.

What is gender equality and why do we need it?

Gender equality is when people of all genders have equal rights, responsibilities, and opportunities. Everyone is affected by gender inequality - women, men, trans and gender diverse people, children, and families. It impacts people of all ages and backgrounds. There is an outrageous amount of hate crimes caused by prejudice and lack of information in that matter.

Preventing starts at a young age clearly because inequalities lead to violence and the obstruction of fundamental freedoms. Gender equality prevents social problems, and it is essential for social and economic prosperity. Societies that value women and men as equal are safer and healthier.

What can a pedagogue do to help prevent this infamous problem?

- Inform and prevent about respect, responsibilities, and rights;
- Promote safe and equal society;
- Show and teach tools to equal access to power, resources, and opportunities;
- Teach content from people of all genders;
- Free and careful communication;
- Evade risky and problematic situations through art and theater expression.

LEARNING OUTCOMES

- **Express and educate using drama in the classroom as a teaching method to promote gender equality;**
- **Understand that theater is direct and inclusive;**
- **Effective communication and development of careful terminology;**
- **Applying drama in different learning styles attentive to all genders;**
- **Different outcomes, experiences, and approaches;**
- **The creative**

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PROGRAM

Day 1 - Monday Guimarães

- Welcome activity and diagnosis test to understand the concepts known;
- Get to know me through theatre!;
- Drama tools to promote gender equality;
- The importance of individuality.

Day 2 - Tuesday Guimarães

- Energizers;
- Theater and genders;
- Drama tools and games to outwit problems in the class;
- How to practice and celebrate equality;
- Social constructions or biological facts.

Day 3 - Wednesday Guimarães

- Ice breakers and shared testimonies;
- Gender identity terminology;
- Intersexuality, Nonbinary, and transgender;
- Technics for sharing stories and promotes security within the classroom.

Day 4 - Thursday Guimarães

- Stereotypes and social stigmas;
- LGBTQ inclusive approaches and Feminism;
- Drama activities as solving problems tools;
- Role playing with group works.

Day 5 - Friday Porto

- Discovering Porto (outdoor STEAM competition)
- Evaluation of the week (reflection of the main viewpoints)
- Summary of key learning points
- Certificate ceremony

Day 6 - Saturday Porto

- Rabelo boat tour of the Douro river bridges
- Port wine tasting (oenology and Portuguese culture)
- Open discussion on possible future collaborations and planning follow up activities
- Constructive feedback of the week and the course
- Validation of learning outcomes

Note: The course programme may undergo minor changes based on logistical considerations and resource availability.