

HARMONIZING MINDS: EXPLORING MUSIC THERAPY

Trainer: CÉLIA SILVA

Course Duration: one week, from Monday to Saturday, 30 hours

Number of Participants: Min. 6 – Max. 20

Course Location: LEIPZIG (Germany)

DESCRIPTION

Join us for an enriching week in Leipzig, Germany, as we delve into the world of Music Therapy in our Erasmus+ structured course. This one-week program, conducted exclusively in the mornings, offers a unique opportunity to discover the power of music as a therapeutic tool and its applications in various settings.

Come and be a part of "Harmonizing Minds: Exploring Music Therapy" in Leipzig, where you'll not only learn about the transformative potential of music therapy but also experience it firsthand in a vibrant and culturally rich environment.

Join us for a week of discovery, learning, and cultural immersion!

LEARNING OUTCOMES

By the end of the course, participants will:

- **Gain a deep understanding of the fundamentals of Music Therapy.**
- **Explore active methodologies for incorporating music therapy into different contexts.**
- **Witness real-world applications through visits to local schools.**
- **Receive a certificate of completion.**



PROGRAM

Monday

Presentation

- Welcome and introduction to the course and fellow participants.

Tuesday

Introduction to Music Therapy

- Explore the history, principles, and techniques of music therapy.

Wednesday

Active Methodologies

- Discover and practice active music therapy methods and their benefits.

Thursday

School Visit

- Visit a local facility where music therapy is integrated into the curriculum. Observe and engage with therapists and patients.

Friday

School Visit and Diploma Ceremony

- Continue the facility visit, deepen your understanding of music therapy in a suitable environment, and conclude the course with a diploma ceremony.

Saturday

Cultural Tour

- Embark on a cultural tour of Leipzig, visiting key landmarks and enjoying the rich history and artistic heritage of the city.